

# Silvretta Ski Touring:

This course is designed for level 2-3 skiers who would like to discover the magnificient area of Silvretta far away from the crowds. It is an ideal starter or intermediate tour for those with good Off Piste skills and fitness and some touring experience. The tour includes an avalanche safety course and practical focus on touring skills followed by five days touring hut to hut through spectacular glacier terrain.

During this week course you will explore the Silvretta area, improve your knowledge of the mountains, ski amazing terrain, stay in spectacular huts along the route with hot showers and experience the solitude and freedom of the mountains there. Your Piste To Powder guide is a fully qualified, English speaking, UIAGM mountain guide - small groups guaranteed!

# The program

We arrive in Landeck on the first day to check in to your hotel, you'll meet your Piste To Powder host for a social dinner and equipment check. This is a good time to ask any final questions! After breakfast the next day, we travel to Ischgl where we take the gondola for a few warm up runs before taking our first Off Piste run to the wonderful Heidelberger hut from where the adventure begins. The first day includes some technique focus and an Avalanche safety course. We will tour hut to hut fro the next coming days before returning to Landeck for the final night (optional). Program is weather dependent and may change slightly to suit prevailing conditions at the time.

Those who would like to book an extra couple of nights in St. Anton before the tour can join one of our touring groups. This is a good way to check all your equipment and warm up prior to the actual tour.



## The Region

The Silvretta region is located 40km south from St.Anton. The mountain range lies both in Switzerland and Austria and the tour crosses both countries. The range is perfect for ski touring as most summits are easily accessible. The huts are some of the most comfortable in the Alps for ski touring offering a comfortable stay and quality food. Each day a new summit is reached and new hut visited each evening. You can expect to be skiing and climbing between 1000m and 1500m per day with descents of good 1000m. Your guide will adapt the programm according to the groups fitness level.

## The Huts

All huts are fully serviced and provide group rooms with basin for washing and showers (coin operated). We aim for smaller rooms 4-6 people but you may also need to be in a dorm depending on the hut. All food is provided with a buffet breakfast, packed lunch and a warm meal in the evening. Dinners are hot and wholesome, often 3 course with soup and puddings. If you bring a thermos huts normally allow you to fill this for the day and you can make your pakced lunch. All huts are based around 2300m and located in different glacier valleys in the Silvretta region. You will only need to carry some a lightweight change of clothing for the evening as the huts are heated and comfortable. Towels can be rented at the huts or bring a small travel towel.

## Fitness

Skiers need to be of good fitness level with a basic core strength and areobic fitness. You will be carrying a rucksack all day, which will contain lunch and water, clothing, crampons and ice axe. The pace for climbing is averaging 300m/900ft height gain per hour however we are flexible and your guide will adapt to the optimum pace suited to the group's fitness level. Best way to warm up is by ski touring with us in St. Anton - please ensure you have already worn in your ski touring boots.

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## Skill Ski Level

Skiers need to be competent in most types of snow, from powder to spring softer wetter types. Generally on the glacier the snow is colder and generally more of a powder type. You will be given technique tips from your guide.

#### Climate

March and April can produce excellent powder and spring skiing conditions. On sunny days the temperatures can be quite warm where a single wool layer is worn for walking up. On the summits can be chilly around -5 deg C and if the weather is bringing fresh snow then it can be very cold with temperature dropping to -15 C.

#### Mountain Rescue

For your peace of mind, full helicopter rescue is possible from the regions you will be skiing in. You will need to have full ski mountaineering insurance to cover any rescue eventuality resulting from injury.

Price

- Includes
- . All guiding costs
- . Hut refuges bed & breakfast and evening meals

Your extra costs

- . Lift ticket in Ischgl
- . Packed lunches (can be made in the huts) and bar drinks
- . Extra taxis
- . Safety equipment
- . Climing equipment (ice axe, harness, crampons)
- . Touring equipment can be rent online at Jennewein with a 10% discount via our website
- . Hot showers (Bring coins for hot showers, 2 EUR coins mainly)

Let us know if you have any questions!





We'll guide you to the best snow and terrain! We'll share our knowledge, so you'll learn and improve! We'llchallengeyoubeyondwhatyouthoughtpossibleandunderourguidanceyou'llexperienceaworldofunlimitedskiadventure! Piste To Powder Alpinschule St.Anton www.pistetopowder.com info@pistetopowder.com +43 (0) 664 174 62 68